



CLINIC PREPARATION · CLINICS IN EUROPE

Get the Most Out of Your Clinic

So every minute in the saddle counts

Great to have you with us!

A clinic is intense and over quickly. The better prepared you are, the more you and your horse take home. My training is built on one clear principle: **form follows function**. I always explain *why* we do something – derived from anatomy and biomechanics. If you know this way of thinking beforehand, you can use the clinic time fully for practice.

Registration & Organisation

Directly with the host

Clinics are organised by the local hosts. For registration, clinic spots and prices, please contact the person in charge of your clinic directly – you'll find the contacts with the clinic dates on my website.

How to prepare

1

Subscribe to the newsletter – two free downloads

The **Knowledge Library** with books, courses and podcasts on anatomy, biomechanics and form to function – and the **Training Guide on training structure**: why we do what, in which order.

2

Get to know each other beforehand

Online Lessons or a Video Analysis before the clinic – then I already know you and your horse, and we go straight into your topics on clinic day.

3

Plan for clinic day

Write down your goals, bring someone to film, horse in normal training condition – the tips are on page 2.

[Get the Training Guide ›](#)

[Knowledge Library ›](#)

[Newsletter ›](#)

Getting to know each other

Experience has shown: riders who have had online lessons with me before a clinic always get the most out of it. We can skip the long introductions, because I've already seen your horse and know where you stand – that saves a lot of valuable time on clinic day.

If that sounds useful to you, these are my recommendations:

Online Lessons

Live, 1:1, from anywhere

You ride, I watch via video and correct in real time. All you need is a phone, tripod and headset – after about 3 minutes of setup we have 30 minutes of focused coaching.

[Learn more ›](#)

Video Analysis

A judge's eye on your ride

Send me your video and get a commented analysis video plus a PDF exercise plan back within 3 days – ideal for a status check before the clinic.

[Learn more ›](#)

How to Set Up Trail

The e-book for trail beginners

Set up a trail course at home correctly from A to Z – with a complete pattern and video guidance.

Currently being updated – the revised version is available from 24 October 2026; newsletter subscribers hear first. [Learn more ›](#)

For clinic day

1

Write down your goals

2–3 topics you'd like to work on – the more specific, the better.

2

Get filmed

Bring someone to film your sessions. At home, that video is worth its weight in gold.

3

Watch the others

You often learn just as much from the other riders as in your own session.

4

Prepare your horse

Normal training condition is enough – two sessions a day are more demanding than a regular training day.

5

Photos & videos

Photos and videos may be taken during the clinic for my public relations. If you'd rather not be included, just let me know beforehand.

Coming soon: FINESSE

After the clinic is before the clinic: with our new platform you stay on track – and always have the theory behind what we worked on in the clinic at hand.

ONLINE LEARNING PLATFORM · WESTERN ALL AROUND

FINESSE *Refine your ride with Steffi & Mirko*

One system, one common thread: from green horse to show-ready all-around partner. Basic training, seat, rider aids, anatomy & biomechanics and every discipline from Western Pleasure to Trail, Western Riding and Horsemanship – with videos, PDFs and live Q&As, together with Mirko Müller, AQHA and NSBA World Champion.

One system. Built to take your horse all the way.

1

Early December

The FINESSE website goes live – with all the details about the platform.

2

Mid to late December

Product launch with the first package: **correct rider aids** – videos, a detailed PDF and live Q&A.

As of today – minor changes are possible.

Be first in line

Subscribe to the newsletter – and be the first to know

If you want to hear first, sign up for the newsletter. The ideal preparation for the clinic – and the perfect homework afterwards.

Subscribe to the newsletter ›

I'm looking forward to meeting you and your horse!

Steffi

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